



Where every body reforms

Six Week Reform & Transform Challenge

Terms & Conditions

1. Eligibility

- 1.1 Participants must be at least 18 years old to join the challenge.
- 1.2 The challenge is open to new and existing members of Your Pilates Spot.
- 1.3 Participants must complete the registration process and pay any applicable fees before the challenge start date.
- 1.4 Only Participants who have purchased a challenge pack are eligible
- 1.5 Credits from memberships or other class packs can not be transferred to the challenge pack. Memberships will be placed on hold during the challenge period. Credits from standard credit packs expiring during the challenge period will have their end date extended.

2. Challenge Requirements

- 2.1 Participants must attend the required number of Reformer Pilates sessions each week as outlined in the challenge program.
- 2.2 Completion of the full six-week challenge is necessary to be eligible for rewards.
- 2.3 Any missed sessions must be made up within the challenge period, subject to class availability, to remain eligible for completion rewards.
- 2.4 Participants must follow the challenge guidelines, including any nutrition or fitness recommendations provided.
- 2.4 Class Scheduling: Participants are responsible for booking their challenge sessions in advance to ensure availability. If a class is full, alternative times must be selected.
- 2.5 Late Arrivals & Cancellations: If a participant arrives late, their attendance may not be counted. Any cancellations must be made within the studio's policy timeframe to avoid forfeiting the session.
- 2.6 Completion Requirement: To qualify for prizes, participants must meet the total attendance goal over six weeks (e.g., attending at least 23 classes in total).

3. Rewards & Prizes

- 3.1 Participants who successfully complete the challenge will be eligible for their selected reward.
- 3.2 Rewards are non-transferable and cannot be exchanged for cash or other items.
- 3.3 Prizes must be claimed within 14 days after the challenge ends.
- 3.4 If a participant fails to meet the challenge requirements, they will forfeit their reward.



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4. Health & Safety

4.1 Participants acknowledge that they are engaging in physical activity at their own risk.

4.2 It is recommended that participants consult a healthcare provider before starting the challenge, especially if they have pre-existing medical conditions.

4.3 Your Pilates Spot reserves the right to remove any participant from the challenge if they engage in unsafe or inappropriate behaviour.

5. General Conditions

5.1 Your Pilates Spot reserves the right to modify or cancel the challenge at any time.

5.2 By registering, participants agree to these terms and conditions.

5.3 Any disputes regarding eligibility or completion will be determined by Your Pilates Spot management.

5.4 Your Pilates Spot may use photos or testimonials from participants for promotional purposes, unless the participant requests otherwise.